

Howdy! WEEK

August 18-20, 2025



TEXAS A&M UNIVERSITY
Higher Education Center
at McAllen

August 18, 2025

Monday

8:30 AM - 5:00 PM



PALM CAMP - The Texas A&M University Higher Education Center at McAllen invites you to join us for the 8th annual PALM Camp for incoming freshmen. Learn Aggie traditions, Aggie Yells, make friends, and learn more about life at Texas A&M University. The camp is led by current Texas A&M students.

Event details:

Where: Texas A&M University Higher Education Center at McAllen

When: August 18, 2025

Time: Check-in begins at 8:30 AM and the event ends at 5:00 PM.

Attire: Shorts, tennis shoes, and we will give you a free T-shirt!

Cost: Free!

Register Here: tx.ag/PALMCampRegistration2025



Online registration closed on August 8, 2025.

For questions, please contact Luis M. Salinas at luismiguel@tamu.edu

◆ Freshmen 🍴 Lunch Provided 📄 Registration Required

August 19, 2025

Tuesday

9:00 AM - 12:00 PM

Texas A&M HECM Pre-Dental Association – Room 106

Hosted by Stephania Beltran, Student Organization President

Join us to learn more about HECM's Pre-Dental Association.

The organization is designed for those interested in dentistry or are open to explore this field. We will cover prerequisites, different insights, general information, and much more!

◆ All Students 🧑🎓 Student Organization

9:00 AM - 10:00 AM

Texas A&M McAllen HOSA – Room 105

Hosted by Emiliano Lopez, Student Organization President

Join us to learn more about Texas A&M HOSA and how it can empower future health professionals to become leaders in the global health community through education, collaboration, and experience.

◆ All Students 🧑🎓 Student Organization

9:30 AM - 11:00 AM

Treat and Greet with TLAC – Room 120

Hosted by Clarissa Torrez, Program Coordinator & Stephanie Reynolds, Visiting Lecturer

Stop by for a tasty treat and the chance to meet your fellow classmates in Teaching, Learning and Culture. It's a relaxed and fun opportunity to connect, chat, and build community as we start the year together. We can't wait to see you there!

◆ All Students  Academic Focus

10:00 AM – 10:30 AM

Texas A&M McAllen Border Pre-Med Society – Room 119

Hosted by Andres Garza Jr., Student Organization President & Lucas Perez, Treasurer

Stop by to learn how you can get involved in health-related community service, professional school prep, and leadership opportunities. Whether you're pre-med or exploring healthcare careers, we're here to support your journey!

◆ All Students  Student Organization

10:00 AM - 11:00 AM

Meet the HECM Lab Team: Info Session for First-Year Students - Auditorium

Hosted by Marie Amutan, Technical Laboratory Coordinator & Omar Rodriguez, Daniel Bazan, Alexis Romero '21, Laboratory Technicians

Discover how we support your chemistry, biomedical science, and engineering labs. Learn what happens behind the scenes, lab safety rules, how to find us, and what to expect during your lab sessions.

◆ Freshmen  Academic Focus

10:30 AM - 11:00 AM

Tackling Time – Room 107

Hosted by Cassandra Romo, Program Coordinator

Join this hands-on workshop to learn essential time management strategies and create your own personalized schedule. Don't forget to bring your laptop to set up your Google Calendar!

◆ All Students  Academic Focus  Bring Your Our Device

11:20 AM - 12:00 PM

Tips for Success in College – Auditorium

Hosted by Dr. Nathaniel Weber, History Lecturer & Dr. Brittany Leckey, Program Chair for College of Arts and Sciences

Tips on time management, staying organized, emailing your instructors and more in this short session.

◆ All Students  Academic Focus

12:00 PM - 1:00 PM

LUNCH is on us! – Auditorium Lobby

Enjoy delicious food while making new friends and connecting with others to build your campus community.

◆ All Students  Lunch Provided

1:00 PM – 1:30 PM

First Steps to Becoming an Aggie Nurse – Room 107

Hosted by Eva Magallan, Nursing Academic Advisor

Join this informative session designed for prospective College of Nursing students. We'll provide key details about the pre-requisite requirements, information you need prior to your first advising session with your current academic advisor, and next steps toward admission to the professional Nursing major.

◆ All Students 📖 Academic Focus

1:30 PM - 2:30PM

Getting Familiar with Mental Health – Room 119

Hosted by Claraly Pena-Leal, Professional Counselor

An introductory session designed to increase awareness and understanding of mental health. Learn how to recognize signs, support others, and access campus resources to take care of your well-being.

◆ All Students 💚 Health & Wellness

2:30 PM - 3:30PM

How to Start a New Student Organization – Room 120

Hosted by Luis M. Salinas '12, Program Coordinator

Thinking about starting your own student organization? Join us to learn what it takes and how to get started!

◆ All Students 👥 Student Organization

**August 20, 2025
Wednesday**

9:00 AM - 12:00 PM

Human Resource Development (EHRD) – Auditorium Lobby

Hosted by Dr. Paula Yoder, Clinical Assistant Professor & EHRD Society for Human Resource Management Organization

Welcome! Stop by the Human Resource Development table for some free Aggie swag.

◆ All Students 👥 Student Organization

10:00 AM - 11:00 AM

Become a Student Ambassador – Room 120

Hosted by Clarissa Garza, Program Coordinator

Join Clarissa, to discover how you can apply to become a campus leader as a student ambassador.

◆ All Students 💡 Employment Opportunity

11:00 AM - 11:30 AM

How to Start a New Student Organization – Room 119

Hosted by Luis M. Salinas '12, Program Coordinator

Thinking about starting your own student organization? Join us to learn what it takes and how to get started!

◆ All Students 👥 Student Organization

11:30 AM - 12:00 PM

Mingle with Current HECM Students – Room 107

Hosted by Student Ambassadors

Join us for an opportunity to connect with current HECM students. Engage in a student-to-student conversation and gain insights on what to do and what to avoid as you become part of the Aggie family.

◆ *Freshmen*

12:00 PM - 1:00 PM

LUNCH is on us! – Auditorium Lobby

Enjoy delicious food while making new friends and connecting with others to build your campus community.

◆ *All Students* 🍴 *Lunch Provided*

12:00 PM - 3:00 PM

Meet your MTDE Engineering Professors – Room 105 & Room 106

Hosted by Oscar Lopez, Engineering Professor

Come meet and chat with your Engineering Professors in a casual setting.

◆ *Engineering Students* 📖 *Academic Focus*

1:00 PM – 2:00 PM

Intro to Career Services – Auditorium Lobby

Hosted by Erica Mendez, Senior Career Services Coordinator

Stop by the Career Services table to learn more about the services available to students and get some free Aggie swag!

◆ *All Students*

1:00 PM - 2:00 PM

International Week Festival – Auditorium Lobby

Hosted by Sheherzad Aamir, Administrative Coordinator

Join us for the HECM International Week Festival featuring music, food, and cultural performances that celebrate our global Aggie community and learn how you can get involved with the International Student Organization!

◆ *All Students* 👥 *Student Organization*

1:00 PM - 2:00 PM

Intro to TSPE: Your Professional Engineering Community – Room 120

Hosted by Lila Graxiola, Student Organization President

Meet fellow engineering students and learn how TSPE can help you get involved, build your network, and grow as a future engineer.

◆ *Engineering Students* 👥 *Student Organization*

2:00 PM - 3:00PM

Getting Familiar with Mental Health – Room 119

Hosted by Claraly Pena-Leal, Professional Counselor

An introductory session designed to increase awareness and understanding of mental health. Learn how to recognize signs, support others, and access campus resources to take care of your well-being.

◆ *All Students* 💜 *Health & Wellness*

3:00 PM - 3:30PM

411: Safety, Security, and Practical Tips (Mandatory) – Auditorium

Hosted by Jessica Martinez, Emergency Management Specialist

A practical guide to having a safe learning environment. Get plugged in with our emergency notification system and learn what to do when responding to incidents.

◆ *Freshmen*

3:30 PM - 5:00PM

Life in Aggieland South and Aggie Traditions – Auditorium

Hosted by Rick Margo '89, Executive Director

Come learn something new as you begin your Aggie adventure!

◆ *Freshmen*

